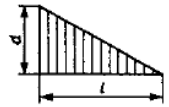
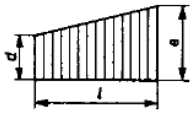
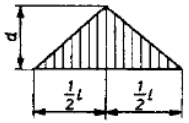
Tablica 17.1. Wartość całek $\int_l M_g m_g \, dx = \Omega x_C$ dla kilku typowych przypadków obciążeń

Lp.	M_g / m_g						Parabola drugiego stopnia		
1	2	3	4	5	6	7	8	9	10
1		adl	$\frac{1}{2}adl$	$\frac{1}{2}adl$	$\frac{1}{2}(a+b)dl$	$\frac{1}{2}adl$	$\frac{2}{3}adl$	$\frac{1}{3}adl$	$\frac{2}{3}adl$
2		$\frac{1}{2}adl$	$\frac{1}{3}adl$	$\frac{1}{6}adl$	$\frac{1}{6}(2a+b)dl$	$\frac{1}{6}ad(l+c)$	$\frac{1}{3}adl$	$\frac{1}{4}adl$	$\frac{1}{4}adl$
3		$\frac{1}{2}adl$	$\frac{1}{6}adl$	$\frac{1}{3}adl$	$\frac{1}{6}(a+2b)dl$	$\frac{1}{6}ad(l+b)$	$\frac{1}{3}adl$	$\frac{1}{12}adl$	$\frac{5}{12}adl$
4		$\frac{1}{2}a(d+e)l$	$\frac{1}{6}a(2d+e)l$	$\frac{1}{6}a(d+2e)l$	$\frac{1}{6}l[a(2d+e)+$ $+b(d+2e)]$	$\frac{1}{6}a[d(l+c)+$ $+e(l+b)]$	$\frac{1}{3}a(d+e)l$	$\frac{1}{12}al(3d+e)$	$\frac{1}{12}al(3d+5e)$
5		adl	$\frac{1}{4}adl$	$\frac{1}{4}adl$	$\frac{1}{4}(a+b)dl$	$\frac{1}{2}\frac{adl}{c}\frac{l}{2}-\frac{2b^2}{3l}$	$\frac{1}{2}adl$	$\frac{1}{6}adl$	$\frac{1}{2}adl$